

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Story Time</b> Early Years Video Find on Facebook Story every week read by one of our team</p>	<p><b>Badger Valley, Shipston</b> Let's Play 10:00am -11:30am 26th July; 2nd, 9th &amp; 23rd August</p>	<p><b>Family Learning</b> Ideas &amp; Activities on Facebook</p>	<p><b>Stratford C&amp;FC</b> Let's Play 10:00am - 11:30am 28th July</p>	<p><b>Stratford C&amp;FC</b> Let's Play 1:30pm – 3:00pm 5th, 12th &amp; 19th August</p>
	<p><b>Lighthorne Heath C&amp;FC</b> Baby Time 10:00am - 11:00am 26th July; 2nd, 9th &amp; 16th August</p>	<p><b>Alcester C&amp;FC</b> Let's Play 10:00am—11:30am 10th, 17th &amp; 24th August</p>	<p><b>Stratford C&amp;FC</b> <b>Graham's Sing Along</b> Join in with your favourite songs and instruments! Graham will be bringing his guitar! 10:30am – 11:30am 11th &amp; 25th August</p> 	<p><b>Booking Sessions</b> <b>Sessions FREE OF CHARGE</b> Sessions have limited numbers. To reserve your place please use the link below or scan the QR code <a href="https://www.eventbrite.co.uk/o/stratford-district-children-and-family-centres-49498983293">https://www.eventbrite.co.uk/o/stratford-district-children-and-family-centres-49498983293</a></p>  <p>Please book as soon as you can to avoid disappointment.</p>
	<p><b>Alcester C&amp;FC</b> Let's Play 10:00am—11:30am 16th August</p>	<p><b>Stratford C&amp;FC</b> Let's Play 10:00am - 11:30am 27th July ; 24th August</p>	<p><b>Stratford</b> <b>Allotment Tots</b> <b>Baker Avenue Community Garden</b> <b>CV37 9ND</b> 2:00pm - 3:30pm 4th, 18th August 1st September</p> <p>Please phone 01789 266624 to book on. Siblings are welcome in School Holidays</p>	
	<p><b>Stratford C&amp;FC</b> Let's Play 2:00pm -3:00pm 2nd, 9th &amp; 23rd August</p>	<p><b>Lighthorne Heath C&amp;FC</b> Let's Play 2:00pm -3:00pm 27th July; 3rd, 10th &amp; 17th August</p>	<p><b>The Grange Hall, Southam</b> Let's Play 1:30pm - 3:00pm 26th July; 2nd, 9th &amp; 16th August</p>	
<p><b>Monthly Community Chat</b> Find out what is going on in Stratford District. Short interviews on our Facebook page with members of our Children and Family Partnerships. Got an idea you want to share or discuss please call <b>Graham Lowther</b> Community Development Worker 07594510678</p>		<p>Please remember to wear suitable clothing for all weathers</p>		<p>Find us on Facebook: <a href="https://www.facebook.com/stratfordchildrenscentres">@stratfordchildrenscentres</a></p> 

## Venue Contact Details

### Stratford C&FC

c/o Bishopton Primary  
School  
Drayton Avenue  
Stratford upon Avon  
CV37 9PB  
Tel: 01789 266624

### Badger Valley Outreach

Tilemans Lane  
Shipston on Stour  
CV36 4HP  
Tel: 01789 266624

### Lighthorne Heath C&FC

Stratford Road  
Lighthorne Heath  
CV33 9TW  
Tel: 01926 691105

### The Grange Hall

Coventry Road  
Southam  
CV47 1QA  
Tel: 01926 691105

### Alcester C&FC

c/o St. Nicholas CE Primary  
School  
St Faiths Road  
Alcester  
B49 6AG  
Tel: 01789 764093

### Studley Village Hall

High Street  
Studley  
B80 7HJ  
Tel: 01789 764093

Follow the links for **free online parenting guides** to understanding your child's behaviour: <https://familylinks.org.uk/parents>

<https://www.warwickshire.gov.uk/parentguides>

<https://warwickshire.gov.uk/parentingcourses>

For support around debt, housing, finance or information around child-care; children & young people please contact the

**Family Information Service on 01926 742274** or visit:

[www.warwickshire.gov.uk/fis](http://www.warwickshire.gov.uk/fis)

**Citizen Advice South Warwickshire appointments at**

**Lighthorne Heath Children and Family Centre every Tuesday.**

Please contact the centre to book on - **01926 691105**

### Adult & Community Learning Courses

A wide range of courses and learning opportunities to adults and families across Warwickshire

<https://www.warwickshire.gov.uk/adultlearningandtrainingcourses>

### Physio Advice Clinic

If you have concerns with pre-school child's physical development.

**01926 413737**

### Refuge

**08004 081552**

### Safeguarding Concerns

Warwickshire Children and Families

**Front Door- 01926 414144**

(Mon-Thu 8.30am– 5.30pm, Fri 8.30am– 5pm)

**Emergency Duty Team**

(out of hours only)- **01926 886922**

### Midwifery

Postnatal & Antenatal Clinics.

Appointment only

**01926 495321 Ext 6976/6977**

### Infant Feeding Team—

**01926 495321 Ext 8584**

## Activity Information

### Pre-booked Sessions available from September onwards

**Baby Time:** 4 week course, relax, play and socialise with your baby in a friendly, informal environment

**Let's Play:** 4 week course incorporating paint and print, messy play, malleable play, sound and music and outdoor play

**Baby Massage:** 5 week programme teaching parents the skills of massage which has many benefits for baby & helps to create a close bond, suitable from newborn

**Baby Chatter Matters:** 5 week course of fun through songs, rhymes and sensory activities for babies to support their early communication skills, suitable from 3 months +

**Toddler Chatter Matters:** 5 week course of fun through songs, rhymes, stories & activities for toddlers to help develop their speech, language & communication skills

**Wellcomm screens:** A speech & language toolkit which can pinpoint areas in your child's speech which can be enhanced with targeted activities to help your child speak clearly and with confidence

**Speech & Language :** If you have concerns regarding your child's speech and language the team are available for telephone consultations. Get in touch to book a call on 02476 378620

**Health Visiting Team Clinic:** Talk to a trained health care professional about any family health or developmental concerns and/or get your child weighed. If your child is ill please contact your GP. **Prebooked appointments, please contact your Health Visitor to arrange**

## Health Visiting Team Contact Numbers

**Stratford - 01789 405122**

**Shipston & Wellesbourne - 01789 412844**

**Alcester, Bidford on Avon, Studley & Henley - 01926 567098**

**Southam - 01926 815045**

**For more information regarding Health Visiting Team Clinics in the South please visit:**

<https://www.swift.nhs.uk/our-services/children-and-young-peoples-services/health-visiting>

## Other Services - Please ask a member of Staff for more information

### Warwickshire Health Visiting Team Text Chat Service

Advice & support for parents of pre-school children in Warwickshire

**TEXT: 07520 615293** (9am - 5pm Monday to Friday)

**Advice Duty Line number is – 01926 567143**

Health Visiting Team  
**Introduction to Solids**  
Please contact your local Health Visiting

**Free Virtual First Aid Courses**  
Learn Basic Life Saving Techniques.  
Please contact your local Children & Family Centre for more information.

**Parenting Courses**  
Warwickshire Children and Families  
Virtual free courses booked through Eventbrite  
<https://www.eventbrite.co.uk/o/warwickshire-children-and-families-17595309993>

**Parenting Project**  
Counselling Service, Lego Therapy, Family Support for families with children 0-19(25) & New Baby Programme.