

**Monday**

**Alcester C&FC**  
**Baby Time**  
11:00am - 12:00pm  
[Book via Eventbrite](#)

**FREE SESSIONS**  
**Booking Essential**

To book a one off play session, please use our Eventbrite page by scanning the QR code or accessing the link below.  
<https://www.eventbrite.co.uk/o/stratford-district-children-and-family-centres-49498983293>



We also provide the following 4 and 5 weeks courses from September 2023

- **Baby Massage**
- **Baby Chatter Matters**
- **Toddler Chatter Matters**

at our main centres in Stratford, Alcester, Lighthorne Heath, as well as at the outreach venues in Shipston, Southam, Wellesbourne. If you would like to book on, please phone your local Centre.

**Tuesday**

**Lighthorne Heath C&FC**  
**Toddler Time**  
10:00am - 11:00am  
**Baby Time**  
2:00pm - 3:00pm  
[Book via Eventbrite](#)

**Graham's Sing along**  
10:00am - 11:00am  
**Alcester C&FC**  
**25th July**  
**Stratford C&FC**  
**22nd Aug**  
[Book via Eventbrite](#)

**Badger Valley, Shipston**  
**Family Time (0-11 years)**  
1:15pm - 2:45pm  
[Book via Eventbrite](#)

**Wednesday**

**Alcester C&FC**  
**Family Time (0-11 years)**  
10:00am - 11:30am  
[Book via Eventbrite](#)

**Lighthorne Heath C&FC**  
**Family Time (0-11 years)**  
2:00pm - 3:00pm  
[Book via Eventbrite](#)

**Stratford C&FC**  
**Family Time (0-11 years)**  
2:00pm - 3:30pm  
[Book via Eventbrite](#)

**Thursday**

**Wellesbourne**  
**Family Time (0-11 years)**  
9:30am - 10:30am  
[Book via Eventbrite](#)

**Lighthorne Heath C&FC**  
**Graham's Sing along**  
**17th August**  
10:00am - 11:00am  
[Book via Eventbrite](#)

**Stratford C&FC**  
**Baby Time**  
2:00pm - 3:00pm  
[Book via Eventbrite](#)



**Friday**

**Stratford C&FC**  
**English as a Second Language - Chat & Play (0-11 years)**  
10:00am - 11:00am  
[Book via Eventbrite](#)

**Stratford C&FC**  
**Dad's in the Room**  
**11th August**  
11:30am - 1:00pm  
[Book via Eventbrite](#)

For up-to-date information on your local Children and Family Centre, please follow us on

Stratfordcfc

Stratford-upon-Avon District Children and Family Centres

## Venue Contact Details

**Stratford C&FC**  
c/o Bishopton Primary  
School  
Drayton Avenue  
Stratford upon Avon  
CV37 9PB  
Tel: 01789 266624

**Badger Valley Outreach**  
Tilemans Lane  
Shipston on Stour  
CV36 4HP  
Tel: 01789 266624

**Lighthorne Heath C&FC**  
Stratford Road  
Lighthorne Heath  
CV33 9TW  
Tel: 01926 691105

**The Grange Hall**  
Coventry Road  
Southam  
CV47 1QA  
Tel: 01926 691105

**Alcester C&FC**  
c/o St. Nicholas CE Primary  
School  
St Faiths Road  
Alcester  
B49 6AG  
Tel: 01789 764093

**Wellesbourne**  
Methodist Church  
Bridge Street  
CV5 9LR  
Tel: 01926 691105

Follow the links for **free online parenting guides** to understanding your child's behaviour

<https://www.warwickshire.gov.uk/parentguides>

<https://www.warwickshire.gov.uk/parentingcourses>

For support around debt, housing, finance or information around childcare; children & young people please contact the

**Family Information Service on Freephone 0800 408 1558** or visit:

[www.warwickshire.gov.uk/fis](http://www.warwickshire.gov.uk/fis)

**Citizen Advice South Warwickshire**

0800 250 5715 (Monday- Friday 9am - 5pm). Out of hours service continues on Monday evenings from 5pm-7pm on 0800 995 6047

### Adult & Community Learning Courses

A wide range of courses and learning opportunities to adults and families across Warwickshire

<https://www.warwickshire.gov.uk/adultlearningandtrainingcourses>

### Physio Advice Clinic

If you have concerns with pre-school child's physical development.

**01926 413737**

### Refuge

**08004 081552**

## Activity Information

**Baby Time:** Relax, play and socialise with your baby in a friendly, informal environment, suitable from newborn

**Baby Massage:** 5 week programme teaching parents the skills of massage which has many benefits for baby & helps to create a close bond, suitable from newborn

**Baby Chatter Matters:** 5 week course of fun through songs, rhymes and sensory activities for babies to support their early communication skills, suitable from 5 months +

**Toddler Chatter Matters:** 5 week course of fun through songs, rhymes, stories & activities for toddlers to help develop their speech, language & communication skills .

**Let's Play:** These sessions are aimed at toddlers, offering language enrichment learning through play. The course incorporates paint and print, messy play, malleable play, sound and music and outdoor play.

**Wellcomm screens:** A speech & language toolkit which can pinpoint areas in your child's speech which can be enhanced with targeted activities to help your child speak clearly and with confidence

**Dads in the Room:** We are looking at providing sessions at one of our Children and Family Centres in Stratford District to encourage dads and their babies and toddlers to attend. It is an informal opportunity for dads to chat in a play setting and for babies and toddlers to explore the environment.

**Talk & Play:** 4 week course, small group, using different targeted activities to develop speech language and communication.

**Speech & Language :** If you have concerns regarding your child's speech and language the team are available for telephone consultations.

Get in touch to book on 01789 405100 ext 346 or email [SLT.AdminSouth@swft.nhs.uk](mailto:SLT.AdminSouth@swft.nhs.uk)

### Health Visiting Team Clinic

Talk to a trained health care professional about any family health or developmental concerns and/or get your child weighed. If your child is ill please contact your GP. **Prebooked appointments, please contact your Health Visitor to arrange.**

**For more information regarding Health Visiting Team Clinics in the South please visit:**

<https://www.swft.nhs.uk/our-services/children-and-young-peoples-services/health-visiting>

**Stratford - 01926 567164**

**Shipston & Wellesbourne - 01789 412844**

**Southam - 01926 815045**

**Alcester, Bidford on Avon, Studley & Henley - 01926 567098**

## Other Services - Please ask a member of Staff for more information

### Midwifery

Postnatal & Antenatal Clinics.  
Appointment only

**01926 495321 Ext 6976/6977**

### Infant Feeding Team—

**01926 495321 Ext 8584**

### Warwickshire Health Visiting Team Text Chat Service

Advice & support for parents of pre-school children in Warwickshire

**TEXT: 07520 615293** (9am - 5pm Monday to Friday)

**Advice Duty Line number is – 01926 567143**

### Health Visiting Team Introduction to Solids

Please contact your local Health Visiting

### Free Virtual First Aid Courses

Learn Basic Life Saving Techniques.  
Please contact your local Children & Family Centre for more information.

### Safeguarding Concerns

Warwickshire Children and Families

**Front Door- 01926 414144**

(Mon-Thu 8.30am– 5.30pm, Fri 8.30am– 5pm)

### Emergency Duty Team

(out of hours only)- **01926 886922**

### Early Help The Family Support Line

**01926 412412**

(Monday - Friday, 9am—4pm)

### Parenting Project

Counselling Service, Lego Therapy, Family Support for families with children 0-19(25) & New Baby Programme.

**Parentingproject.org.uk**