

What is relationships education?

Relationships education will give pupils the foundation to build safe, positive relationships with those around them, including online. Your child will be taught what friendships and relationships are, and what family means.

We are committed to teaching relationships education in a positive, age-appropriate way, encouraging all pupils to treat others with kindness, consideration and respect.

Throughout their time with us, pupils will be taught about the following:

- Families and the people who care for them
- Caring friendships
- Respectful relationships
- Online relationships
- Keeping safe

What is health education?

We aim for health education to provide your child with the knowledge they need to make positive decisions about their own health and wellbeing. Health education will also help equip your child to recognise when they are experiencing issues, when others are experiencing issues and when to seek support.

Throughout their time with us, pupils will be taught about the following:

- Mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy eating
- The risks associated with drugs, tobacco and alcohol
- Health and the prevention of ill health
- The changing adolescent body

When will relationships and health education be taught?

The DfE confirmed that relationships and health education in primary schools was to become compulsory from September 2020 with some changes due to school closures. As a school, we felt it wasn't something we wanted to teach remotely and therefore, we have chosen to teach it during the summer term. Of course, we will not be covering the full year's curriculum but, as a teaching team, we have selected the essential elements that we know our classes need before they move on.

What you need to know

The teaching of relationships and health education in school has been designed to complement and reinforce the essential lessons parents teach their children as they grow up. To put this into practice, the school is required to consult with parents when reviewing our policies on relationships and health education. As the programme is rolled out we will meet with parents and children to review and evaluate the impact and make necessary changes. Our draft Relationships and Health Education Policy is available to look at on our school website.

We will notify you of any proposed changes to the aforementioned policy if and when they happen.

We would like to reassure you that the content taught in relationships, sex and health education will be respectful of every pupil's religious and cultural background and will preserve the Christian ethos of our school. The school will use a programme called 'My Feelings, Friends and Family' to deliver the curriculum

As relationships and health education is a statutory part of our curriculum, it is not possible for you to withdraw your child from these lessons. It is also compulsory for your child to participate in science lessons, some of which contain educational material about human development and the reproductive system. It is not possible to withdraw your child from these lessons.